



## *2014 Spring and Summer Series*

# Sailing Instructions

### 1. RULES

- 1.1 Races will be governed by the current Racing Rules of Sailing and shall sail with YRA of LIS Recommended Minimum Safety Equipment for Class C events.
- 1.2 Before its division start and with mainsail raised, each boat shall approach the stern of the Race Committee ("RC") boat and declare her intention to start. Boats shall NOT check in by radio.
- 1.3 Each boat intending to race shall fly the Breakwater Irregulars ("BI") burgee from a starboard shroud not above the lower spreaders, and shall display her class numeral pennant from her backstay.
- 1.4 A boat withdrawing from the race must report to the RC, either in person or over channel 05, as soon as practicable and wait for acknowledgement from the RC. A boat that leaves the course without either finishing or withdrawing will be suspended from racing the following week.
- 1.5 At the finish, each boat is responsible for making sure the RC has established positive identification.
- 1.6 Any boat competing in the races must have a copy of her current PHRF Rating Certificate on file with the YRA of LIS. PHRF Weight Limits will not be in effect, however, this does not apply to any boat racing with a YRA rating credit for sailing with less than maximum crew weight.

### 2. ENTRIES

Open to single-hulled sailing boats 22' LOA and over, that are either owned by or chartered to registered members of the BI.

### 3. CHANGES IN SAILING INSTRUCTIONS

Any Notices to Competitors or changes to the Sailing Instructions will be e-mailed to the fleet no later than the Friday of the week before the Tuesday on which they take effect, and will be posted to the website. All communications with competitors will be electronic.

### 4. SCHEDULE OF RACES

Races will be conducted on each Tuesday evening as stated in the Invitation to Race. The first signal will be made at 1900.

### 5. DIVISIONS & CLASSES

Boats will sail in one of the handicap divisions in accordance with the BI Fleet Roster. Divisions may be separated into classes.









- 5.1 Non-Spinnaker and Double Handed Division boats shall sail with main and jib only.
- 5.2 For the purposes of section 5.1., a jib is defined as a headsail with its luff attached along the head stay for its entire length. Reaching struts/whisker poles may be used with one end attached to the mast. Boats shall be equipped with all cabin fixtures, furniture, tables and cushions in their usual position; with ground tackle and cruising equipment in their usual cruising position, along with normal quantities of fuel, water, spares and stores. Except at the Start and at mark roundings, boats in the Double Handed Division may use autopilots.

**6. THE RACING AREA**

- 6.1 The racing area will be the waters of Long Island Sound southerly of Stamford and Greenwich.
- 6.2 Before the first scheduled start, all boats shall rendezvous with the RC boat at Bell R"32" ("The Cows").

**7. THE COURSE**

- 7.1 The course for each division will be indicated on a course board mounted on the signal boat, corresponding to the following:

| Board   | Mark                             |
|---|----------------------------------|
|    | Green Gong "15" Lloyd Point      |
|    | Green Bell "17" Oyster Bay       |
|    | Red Bell "32A" Mid Sound         |
|    | Red Nun "34" Greenwich Point     |
|    | Bell "1" Little Captain's Island |
|    | Green Gong "1" Stamford Harbor   |
|   | Red Bell "32" The Cows           |
|  | Temporary Starting Mark          |

- 7.2 Marks shall be rounded in succession in the displayed order from left to right on a course board. It is the intention but not the obligation of the race committee to announce the course via radio.
- 7.3 At, or prior to the first warning signal, the course for the first class will be signaled. The course for each succeeding class, if it is to change, will be displayed no later than that class' preparatory signal. This modifies rule 27.1
- 7.4 Display of code flag "2nd Repeater" along with the course signals indicates that the course is to be sailed twice around with the start mark (pin end) being treated as a turning mark of the course

**8. THE MARKS**

- 8.1 The marks of the course will be as indicated in SI 7.1.
- 8.2 Marks shall be rounded so that the boat's rhumbline course to the next mark does not cross the rhumbline course from the previous mark.
- 8.3 When the designated course is reciprocal, the mark shall be left to Port.

**9. THE START**

- 9.1 The starting line will be between a staff displaying an orange flag ("line flag") on the signal boat and Red Bell 32, or a nearby temporary mark set by the RC.
- 9.2 When the starting line is set, the RC will display the "line flag."

### 9.3 STANDARD STARTING SEQUENCE

Races will be started in accordance with rule 26, with the following modification: 5 minutes before the first warning, code flag "F" will be displayed with one sound signal.

| <b>Signal</b> | <b>Flag and Sound</b>                   | <b>Minutes before Starting Signal</b> |
|---------------|---|---------------------------------------|
| 1900          | Attention Code Flag "F"; 1 gun          | 10                                    |
|               | Remove "F"                              | 6                                     |
| Warning       | Division Numeral Pennant; 1 gun         | 5                                     |
| Preparatory   | P, I, Z, Z with I, or black flag; 1 gun | 4                                     |
| One Minute    | Preparatory flag removed; 1 long horn   | 1                                     |
| Start         | Class flag removed; 1 gun               | 0                                     |

*Please note: the RC may elect to start two or more classes simultaneously – watch the flags, and listen for courtesy announcements.*

**9.4** Boats whose Preparatory Signal has not been made shall keep clear of the starting area and of all boats whose Preparatory Signal has been made. Violation of this rule is grounds for DSQ with the onus of proof on the offending boat. This modifies Part 5, Section B, rule 63.1.

**9.5** A boat shall not start later than 15 minutes after her starting signal.

### 10. RECALLS

Rule 29.2 is modified to allow that, in the event of an Individual Recall, infringing boat(s) may be recalled by name or sail number over VHF channel 05. Failure of an OCS boat to hear a recall announcement or failure of the RC to make such an announcement shall not be grounds for redress.

### 11. THE FINISH

**11.1** The finish line will be between the "line flag" on a RC boat and the last signaled mark, except as may be modified by 11.2.

**11.2** The race may be shortened at any mark of the course. If the race is intended to be shortened for one or more classes, but not all, that or those class' code flag(s) will be displayed below code flag "S."

**11.3** If a single boat is unduly delaying the completion of a race, the RC may order the race terminated and score that boat last place. This modifies rule 28.1.

### 12. PROTESTS & MEDIATION

**12.1** Protesting boats shall comply with Part 5, Section A of the RRS

**12.2** Immediately after finishing or withdrawing, a protesting boat shall verbally inform the RC of her intention to file a protest.

**12.3** Protests must be filed in writing and postmarked no later than 2359 the day after the race. Protests shall be emailed to Ray Redniss, [redniss@optimum.net](mailto:redniss@optimum.net) or Faxed to 203-357-1118.

**12.4** rules 63.1 and 63.5 are modified to allow protests involving Part 2 of the RRS or rule 31 to be mediated prior to a hearing:

1. After a protest form is delivered, a mediator will contact both the protestor and the protestee for the specific purpose of discerning the perceptions of the incident(s) of each party. Contact may include a conference call that will be scheduled at the convenience of the parties

2. After hearing the testimony of each representative, the mediator will discuss the issues with each and, upon evaluating the statements made, the mediator shall reach one of the following conclusions:

A. There was no breach of a rule. If the representatives agree, the protest is withdrawn and cannot be reopened. If any representative disagrees, the matter goes to the protest committee for a hearing.

B. There was a breach of a rule by one or more of the boats involved. The representative(s) of the offending boat(s) have the option of accepting a 40% alternative penalty (calculated as in rule 44.3(c) or submit the matter to a protest committee for a hearing. If the penalty is accepted, the matter cannot be reopened or made the subject of redress.

C. The matter should go to a protest committee for a hearing.

- 12.5** Protestors and defending skippers may be represented by designees. Mediators will not participate in protest hearing deliberations or decision, but may offer testimony to the protest committee. This changes rule 63.3(a).
- 12.6** At the time of a scheduled protest hearing, non-appearance by the Protestor, or its designee, will result in automatic disallowance of the protest. This modifies rule 63.3(b).
- 12.7** It is intended that protests be heard at 1900 at SYC on a date to be determined by the parties in conversation with the mediator. It is intended that such hearing be scheduled within 15 days following the race in which the protest occurred.

### **13. SCORING AND PRIZES**

Scores will be computed using YRA-LIS PHRF ratings and “time-on’ time.” Prizes will be in accordance with the current “Breakwater Irregulars-Trophy Rules” and will be awarded at the Annual Awards Dinner in November.

### **14. RADIO COMMUNICATION**

- 14.1** It is the intention of the RC to monitor channel 05 during all races. In the event that a skipper is unsure if a race will be held because of weather conditions, the RC may be contacted on channel 05 beginning at 1800, or by telephone to the SYC Dock House at 203 348-2575.
- 14.2** Other than as described in these instructions, a boat shall neither make nor receive radio transmissions, nor receive special communications, not simultaneously available free of charge to all boats.